WORKSHEET 4: SUMMARY OF FINDINGS

SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

Regional School District 13 completed the required Triennial Assessment of the Regional School District 13 School Wellness Policy. Our Wellness Policy meets the standards related to the requirements set forth from the USDA on school nutrition and physical education.

The RSD 13 Wellness Policy has achieved goals related to the health and wellness of our students. These goals are focused on ways to improve our student's health and well-being. Nutrition education is integrated into core classes and reinforced in the school environment.



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SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

RSD 13's goals are to further the success of student's healthier lifestyles and increased involvement working toward our successes. RSD13 is in full compliance with all federal and state requirements that regulate school meals. RSD 13 will continue to work towards providing nutritious meals, increase education on the importance of nutrition and increase participation and availability to health foods.



SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired. RSD13 will continue to update our policy as needed to include all federally required items with policy committee meetings and updates as needed.



SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired. RSD 13 will continue to update our policy and practice as needed to include all federally required items with our policy committee meetings.